



**UAGTCA's Ron Jackson Youth Invitational**  
**July 19 - 21, 2019**

**Widener University Athletic Complex**  
**Leslie C. Quick Stadium**  
**One University Place, Chester PA 19013**

The information below includes General Information about the UAGTCA's Ron Jackson Youth Invitational meet. Also reference the UAGTCA website for more in depth and additional information: [www.uagtca.org/](http://www.uagtca.org/)

Also, follow us on Facebook!

**Register online at:** [www.CoachO.com](http://www.CoachO.com)

**Entry Deadline:** Wednesday, July 17, 2019 at 11:59PM

**Age Divisions / Event Limitations:** Age determination is as of 12/31/2019

Birth Year	Age Division Athlete Must Entered	Event Limitations
2011 - 2014	8 & Under	Maximum of <b>three (3) Events</b> , including Relays
2010 - 2009	9 - 10	Maximum of <b>three (3) Events</b> , including Relays
2008 - 2007	11 - 12	Maximum of <b>three (3) Events</b> , including Relays
2006 - 2005	13 - 14	Maximum of <b>four (4) Events</b> , including Relays
2004 - 2003	15 - 16	Maximum of <b>four (4) Events</b> , including Relays
2000 - 2002	17 - 19	Maximum of <b>four (4) Events</b> , including Relays

**Age Verification Deadline:** Wednesday, July 17, 2019 at 9:00PM

Send age documents to: [ageverify@uagtca.org](mailto:ageverify@uagtca.org)

**Fees:**

- \$9.00/event
- \$30.00/relay



**USATF SANTIION #19-08-113**

UAGTCA Ron Jackson Youth Invitational is governed by the current USA Track & Field Rules of Competition, except as stated otherwise in this meet information.

## **EVENTS OFFERED**

Running Events	Divisions
100 Meter Dash	All Divisions
200 Meter Dash	All Divisions
400 Meter Dash	All Divisions
800 Meter Dash	All Divisions
1500 Meter Run	All Divisions
3000 Meter Run	11-12 G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
1500 Meter Race Walk	9-10G, 9-10B, 11-12 G, 11-12B
3000 Meter Race Walk	11-12 G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
2000 Meter Steeplechase	15-16G, 15-16B, 17-19G, 17-19B
80 Meter Hurdles	11-12 G, 11-12B
100 Meter Hurdles	13-14G, 13-14B, 15-16G, 17-18G
110 Meter Hurdles	15-16B, 17-18B
200 Meter Hurdles	13-14G, 13-14B
400 Meter Hurdles	15-16G, 15-16B, 17-18G, 17-18B
400 Meter Relay	All Divisions
1600 Meter Relay	All Divisions
3200 Meter Relay	9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
Field Events	Divisions
Long Jump	All Divisions
High Jump	9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
Shot Put	All Divisions
Triple Jump	13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
Pole Vault	13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
Discuss Throw	11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B
Hammer Throw	15-16G, 15-16B, 17-18G, 17-18B
Turbo Javelin Throw	8-UG, 8-UB, 9-10G, 9-10B, 11-12G, 11-12B
Aero Javelin Throw	11-12G, 11-12B
Javelin Throw	13-14G, 13-14B, 15-16G, 15-16B, 17-18G, 17-18B

**~~~Coaches Meeting Friday, July 19, 2019 at 11:00 AM in the Awards Tent in the infield  
- All Coaches & Parents are Welcome!~~**

**Attention All Mother, Father & Coaches Relay Teams! Register in the Press Box by 1:00 PM Sunday, July 21, 2019**

**ORDER OF EVENTS**

**Friday July 19, 2019 – 12:00 PM Running Events**

<b>Time</b>	<b>Event</b>	<b>Type</b>	<b>Division</b>
12:00 PM	200 Meter Hurdles	Final	13-14G, 13-14B
***	400 Meter Hurdles	Final	15-16G, 15-16B, 17-19G, 17-19B
***	3200 Meter Relay	Final	9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
***	200 Meter Dash Top 8 to Sunday Finals	Semi-Final	8-UG, 8-UB, 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
***	1500 Meter Run	Final	8-UG, 8-UB, 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B

**Friday July 19, 2019 – Field Events**

12:00 PM	Long Jump	Final	9-10B, 11-12B, 13-14B, 15-16B, 17-19B
12:00 PM	Shot Put	Final	17-19B 15-16B 13-14B 11-12B 9-10B 8-UB
12:00 PM	High Jump	Final	17-19B, 15-16B, 13-14B, 11-12B, 9-10B
12:00 PM	Javelin Throw	Final	11-12G, 13-14G, 15-16G, 17-19G
2:00 PM	Discuss Throw	Final	11-12G, 13-14G, 15-16G, 17-19G

**Attention All Mother, Father & Coaches Relay Teams!**

**Register in the Press Box by 1:00 PM Sunday, July 21, 2019**

<b>ORDER OF EVENTS</b>			
<b>Saturday July 20, 2019 – 9:00 AM Running Events</b>			
<b>Time</b>	<b>Event</b>	<b>Type</b>	<b>Division</b>
9:00 AM	3000 Meter Run	Final	11-12G 11-12B 13-14G 13-14B 15-16G 15-16B 17-19G 17-19B
***	100 Meter Dash Top 8 to Sun Finals	Semi-Final	8-UG 8-UB 9-10G 9-10B 11-12G 11-12B 13-14G 13-14B 15-16G 15-16B 17-19G 17-19B
***	80 Meter Hurdles Top 8 to Sunday Finals	Semi-Final	11-12G, 11-12B
***	100 Meter Hurdles Top 8 to Sun Finals	Semi-Final	13-14G, 13-14B, 15-16G, 17-19G
***	110 Meter Hurdles Top 8 to Sun Finals	Semi-Final	15-16B, 17-19B
***	400 Meter Dash	Semi-Final	All Divisions
***	2000 Meter Steeplechase	Final	15-16G 15-16B 17-19G 17-19B
***	400 Meter Relay	Final	All Divisions
<b>Saturday July 20, 2019 – Field Events</b>			
9:00 AM	Long Jump	Final	9-10G, 11-12 G, 13-14G, 15-16G, 17-19G
9:00 AM	Shot Put	Final	17-19G, 15-16G, 13-14G, 11-12G, 9-10G, 8-UG
9:00 AM	High Jump	Final	9-10G, 11-12 G, 13-14G, 15-16G, 17-19G
9:00 AM	Javelin Throw	Final	11-12B, 13-14B, 15-16B, 17-19B
12:00 PM	Discuss Throw	Final	11-12B, 13-14B, 15-16B, 17-19B

**Attention All Mother, Father & Coaches Relay Teams!**

**Register in the Press Box by 1:00 PM Sunday, July 21, 2019**

<b>FINALS - ORDER OF EVENTS</b>			
<b>Sunday July 21, 2019 – 9:00 AM Running Events</b>			
<b>Time</b>	<b>Event</b>	<b>Type</b>	<b>Division</b>
9:00 AM	800 Meter Run	Final	8-UG 8-UB 9-10G 9-10B 11-12G 11-12B 13-14G 13-14B 15-16G 15-16B 17-19G 17-19B
<b>~ 10:30 AM – OPENING CEREMONIES ~</b>			
11:00 AM	80 Meter Hurdles Adv from Saturday trials	Final	11-12G, 11-12B
11:20 AM	100 Meter Hurdles Adv from Saturday trials	Final	13-14G, 13-14B, 15-16G, 17-19G
12:00 PM	110 Meter Hurdles Adv from Saturday trials	Final	15-16B, 17-19B
12:20 PM	100 Meter Dash Adv from Saturday trials	Final	All Divisions
12:50 PM	400 Meter Dash Adv from Saturday trials	Final	All Divisions
1:20 PM	1500 Meter Race Walk	Final	9-10G 9-10B 11-12G 11-12B
1:35 PM	3000 Meter Race Walk	Final	13-14G 13-14B 15-16G 15-16B 17-19G 17-19B
2:00 PM	200 Meter Dash Adv from Saturday trials	Final	All Divisions
2:30 PM	1600 Meter Relay	Final	All Divisions
<b>OUTSTANDING ATHLETE AND TEAM AWARD PRESENTATIONS</b>			
3:30 PM	<b>SPECIAL 400 Meter Relay</b>	Final	Mothers, Fathers, Mixed and Coaches Relays!
<b>Sunday July 21, 2019 – Field Events</b>			
9:00 AM	Triple Jump	Final	13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
9:00 AM	Hammer Throw	Final	15-16G, 15-16B, 17-19G, 17-19B
10:00 AM	Pole Vault	Final	13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
9:00 AM	Turbo Javelin Throw	Final	8-UG 8-UB 9-10G 9-10B
1:00 PM	Long Jump	Final	8-UG 8-UB

### [Widener University Stadium Facilities](#)

Widener's Athletic Complex is one of the most complete facilities in the Chester / Philadelphia Area. With an external Throwing complex, spectators will have an up close viewing area and access to the competition. We have gone to great lengths to ensure that the competition venues are certified for record performances and athletes can feel equally confident that their performance will be given full consideration by all certifying organizations. [Leslie C. Quick Stadium](#) has a recently refurbished 8 lane tartan surface with excellent site lines from all points inside the stadium. Only ¼ inch or shorter pin spikes may be used on the track.

While Tents are permitted in the upper level of the stadium, no tents will be permitted in the

lower stands closest to the track or around the perimeter of the track. UAGTCA Security will monitor the placement of all tents and will ask all violators of these placement rules to remove their tents.

## **GENERAL MEET INFORMATION**

### **Athlete Eligibility**

The Ron Jackson Youth Invitational is open to athletes who meet the age requirements specified above in the **Age Divisions / Event Limitations** section of this document. There are no performance standards required for this meet but **entrants are expected to perform relatively close to their entry seed mark.**

### **Event Check-in**

The event check-in tent is located on the stadium infield. Access is controlled and only competing athletes are permitted in the area. Every attempt will be made to make announcements for upcoming events via the public address system. However, actual event clerk-in calls are made at the clerking tent and it is the **sole responsibility** of the athlete to monitor the events on the track and the calls being made at the clerking tent. **Please report on the first call whenever possible.** The area directly in front of the Clerking tent is only designed for final warm-up exercises and hurdle preparation. All field events are checked in at their venue.

### **Competition Bib Numbers**

All bib numbers must be worn on the front of the uniform and must be secured by 4 pins. Lost or mutilated bib numbers must be replaced with officially issued replacement bib numbers. The cost of replacing a lost or mutilated bib number is \$5.00 per number.

### **Facility Notes**

- The **Javelin Runway** surface is Tartan and located outside of the stadium. (appropriate footwear should be considered)
- The **Discus, Shot & Hammer** circles are brushed concrete and are also located outside of the stadium.
- The maximum **Spike length** permitted on the track is 1/4" (Inspections will be made at check-in) Events will not be delayed because of inappropriate footwear.
- **Tents** will ONLY be permitted in the upper rows of the stadium stands. Security Guards will monitor all tent placement.
- The **Awards Podium and Clerking tent are located on the stadium infield.** Access is restricted to affected athletes only. No private photographers permitted on the infield.
- The Stadium stands, Clerking area and the Track & Field competition areas are No Smoking areas. Violators will be asked to vacate the premises.

### **Awards**

- Customized Medals – 1st through 8th Place
- Outstanding Male and Female Plaques in each

Division

- Overall Male Team Trophy in Each Division
- Overall Female Team Trophy in Each Division
- Overall Male Team Trophy in All Divisions Combined
- Overall Female Team Trophy in All Divisions Combined
- Overall Team Trophy – All Male and Female Divisions Combined

We make every effort to present all awards on our infield awards podium immediately following the conclusion of each event. Athletes are asked to report to the infield awards holding area after their race where awards are presented.

**Team Awards and Outstanding athlete awards are presented at the conclusion of the meet.** Outstanding Male & Female performers are chosen by a selection panel appointed by the Games Committee prior to the start of competition. The decisions of the selection panel are final and cannot be appealed. Selections are based on individual performances as they compare to other significant Invitational and National performances as well as to the current UAGTCA Ron Jackson Invitational and USATF Youth National records within the division being considered. Relay performance is given no more consideration than any individual performance and can be included in the panel deliberations. The decision of the panel is final and cannot be appealed.

**Mother, Fathers, Mixed & Coaches Relay** is a no entry fee special event that is VERY POPULAR. Awards are given to all participants. We ask that all rules be reviewed before entering a team. All eligibility decisions will be decided by the Meet Referee. **Register in the Press Box by 1:00 PM Sunday, July 21, 2019**

### **Press Credentials**

Anyone requiring **PRESS CREDENTIALS** please contact [uagtcamedia@uagtca.org](mailto:uagtcamedia@uagtca.org) for Press & Photographer credentials via e-mail at least one week prior to the meet. When requesting credentials please indicate whether you are a photographer or print media and which organization you represent. Every attempt will be made to honor your request. **No private photographers are permitted in the track or field competition areas without appropriate credentials.** Those approved should contact the Registration Table to secure their credentials.

### **Event Seeding**

Heat placements are based upon the reported seed time of each athlete. We ask that coaches and athletes submit accurate up-to-date seed times so that the most competitive heats may be formed.

## Relays

A maximum of two relay teams, 'A' and 'B', per event per age division will be allowed. **A minimum of four (4) and a maximum of six (6) runners must be selected for each relay.** Coaches may substitute a maximum of two runners from the entered athletes. Substitutes may be selected from athletes who are on your roster, entered in the meet and have not exceeded the event limitations for the meet. Coaches may scratch an athlete from an individual event that has not been contested in order to meet event limitation requirements. Teams seeking to use substitutions must report to the information desk at least 4 hours prior to the scheduled start of the event to request an 'Addition Card' to allow the substitution to be made.

**The Mother, Fathers, Mixed & Coaches Relay** is a no entry fee special event that is VERY POPULAR. Awards are given to all participants. We ask that all rules be reviewed before entering a team. All eligibility decisions will be decided by the Meet Referee. **Register in the Press Box by 1:00 PM Sunday, July 21, 2019**

## Steeplechase

The 2000 meter Steeplechase is contested under the provisions of Rule 167 of the USATF Rules of Completion. The 2000 meter Steeplechase will have 18 hurdle jumps and 5 water jumps. There will be 5 jumps per lap after the finish line has been crossed for the first time. The water jump will be the fourth.

## Results

Results for all completed events are posted online at [www.uagtca.org](http://www.uagtca.org). The results for a particular event will not be available until all heats from the entire age division are completed. It is important to note that no event result is official until it has been posted on our site. There will be no results posted at the Stadium unless there is an emergency.

## GENERAL FIELD EVENT INFORMATION

In the Long Jump, Shot Put, Discus Throw, Javelin Throw and the Hammer Throw each athlete will be allowed three qualifying attempts. The top 8 athletes will advance to the finals where three additional attempts will be permitted. If a total of 8 or fewer athletes' check-in, then each athlete will be permitted 4 attempts. Flights will proceed from lowest to highest seed mark.

## Implements

	8-UG	8-UB	9-10G	9-10B	11-12G	11-12B	13-14G	13-14B	15-16G	15-16B	17-19G	17-19B
Shot Put	2kg	2kg	6lb	6lb	6lb	6lb	6lb	4kg	4kg	12lb	4kg	12lb
Hammer								4kg	4kg	12lb	4kg	12lb
Discus					1kg	1kg	1kg	1kg	1kg	1.6kg	1kg	1.6kg



Javelin	300g	300g	300g	300g	450g	450g	600g	600g	600g	800g	600g	800g
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Only the Batons and starting blocks supplied by the meet may be used. No personal batons or starting blocks will be permitted. The use of starting blocks will be in accordance with USATF rule 302.2.d. Meet supplied field event implements will be available. Personal implements that comply with the required specifications may also be used, subject to a loss of identity during the competition.

**All Personal implements *must* be weighed & measured prior to the competition.** The weigh-in station will be in the field house. Weigh-in times will be posted at Registration. Personal javelins and poles are exempt from the loss of identity rule. All vaulters ***must*** bring their own poles. Absolutely no sharing of poles will be permitted. No poles will be supplied by meet management. **All poles must pass the safety inspections conducted by the Weights & Measures Chief.**

### [High Jump and Long Jump Competition](#)

The High Jump and Long Jump are held at venues on or adjacent to the stadium infield. Only active competing athletes are permitted in the area during competition. Warm-ups are allowed 1/2 hour before the event is scheduled to begin and coaches are permitted to assist athletes during this period. A final time schedule will be posted on this web site when all entries are received (there is a small coaches viewing Box provided).

### [Shot Put Competition](#)

Spectators are welcome to observe the shot put competition. The throwing Areas are located immediately off the perimeter path leading to the stadium. There is very limited Bleacher seating available.

### [Hammer, Javelin, and Discus Competition](#)

The Hammer, Discus, Javelin, and Turbo-Javelin competitions are held at their respective venues located immediately off the perimeter path leading to the stadium. The area is opened to spectators but there are no stands available during the competition. ***Please observe the flagging and use extreme caution*** when going to and from these areas. The Javelin area has a tartan runway and the Hammer & Discus circles are brushed concrete. Appropriate footwear should be considered. There is very limited bleacher seating available – spectators are encouraged to bring a folding chair.

### [Pole Vault Competition](#)

Only competitors are allowed in the pole vault area. There is a small area for viewing outside the fence surrounding the pole vault runways. The Pole Vault competition is visible from the stands on the outside of the track; there is also a small coaches box provided.

### [Athletes with Special Needs](#)

The UAGTCA will take special care to address the needs of athletes requiring special care during our competitions. We ask that that the coach or individual accompanying the athlete to the clerking area advise the clerk that the athlete has a Special Need. Please identify the

athlete and the Need and do not assume that the clerk is automatically aware of the Need. While every reasonable effort will be made to accommodate the athlete, it is the sole responsibility of the coach to see to it that we are made aware of the situation.

### [Warm-ups](#)

Warm-up for all running, walking & hurdle events will take place in the designated warm-up area. The primary warm-up area are the fields near the main throwing area outside of the stadium. Athletes should be aware of the discus and javelin competitions that may be in progress on the fields that are near the designated warm-up area. Please take care travelling to and from these areas during the Discus & Javelin competitions.

### [Medical Tent](#)

The main medical tent is located on the far side of the track near the finish line. These tents are manned by certified athletic trainers and are designed to address only basic competition injuries and render first aid in case of emergency. There are several Hospital emergency centers within minutes of the complex in the event of a more serious injury. Free bottled water will be available to all active athletes throughout the competition. A **uniform and a meet-issued Competition bib number will be required.**

### [Admission and Parking](#)

Admission to the complex is **free of charge** throughout the competition. There are several parking areas surrounding the complex and parking in those lots is also **free of charge**. Access may be restricted to some lots due to weather conditions and this should be taken into consideration when making plans. There is a specific marked parking area that is reserved for competition officials and meet personnel only. Parking is not permitted in this area without proper credentials. Handicapped Parking is only available outside of the Field House on a first come, first serve basis. We will allow vehicles transporting disabled persons to proceed to the stadium entrance for unloading purposes. They must return, however, to park in the designated areas. Violators will be fined and towed at the owner's expense.

### [Vending & Concessions](#)

The mezzanine level of the stadium complex and the area immediately surrounding the stadium entrance is set up as a vending and concession area. No spectator chairs, tents or motorized vehicles are permitted in this area at any time during the competition. The vending area has a variety of track and field paraphernalia available for sale. Those interested in vending opportunities should contact the UAGTCA Media Correspondent at:

[uagtcamedia@uagtca.org](mailto:uagtcamedia@uagtca.org)

### [Inclement Weather Considerations](#)

We will make every attempt to contest all events in their regular outdoor venue but In the event of inclement weather some scheduling changes may occur and some of the Long Jump, Triple Jump, High Jump or Pole Vault competitions may be held in the Field House. We will advise competitors during the meet and on this web site if this change of venue should become necessary.

## Why participate in the Ron Jackson Youth Invitational?

- ***Youth Athletes are our Primary concern***
- A Reliable & Comfortable competition schedule
- Domestic & International Competitors
- All standard Individual Youth Athletics events contested
- ***Home of the exciting Parents and Coaches Relays!!!***
- A newly resurfaced 8 lane track & infield
- First-Class Field Event venues
- Compete in a National Championship setting
- Certified & knowledgeable USATF Officials
- Great [Customized Awards](#) with Highlighted Podium presentation
- Comfortable stadium viewing & seating—seats 5000
- Instant Results on customized scoreboards built & designed for the UAGTCA
- Affordable Food Concessions & Track related Vending area
- Philadelphia International Airport located within minutes of the track
- Affordable national hotel chains within minutes of the track
- Close proximity to shopping and entertainment
- Short drive to downtown Philadelphia & Historic U.S. sites
- Easy to locate stadium complex right off I-95
- **FREE on-site parking and admission**
- USATF Sanctioned Event