



ORDER OF EVENTS

Friday July 19, 2019 – 12:00 PM Running Events

Time	Event	Type	Division
12:00 PM	200 Meter Hurdles	Final	13-14G, 13-14B
***	400 Meter Hurdles	Final	15-16G, 15-16B, 17-19G, 17-19B
***	3200 Meter Relay	Final	9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
***	200 Meter Dash Top 8 to Sunday Finals	Semi-Final	8-UG, 8-UB, 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
***	1500 Meter Run	Final	8-UG, 8-UB, 9-10G, 9-10B, 11-12G, 11-12B, 13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B

Friday July 19, 2019 – Field Events

12:00 PM	Long Jump	Final	9-10B, 11-12B, 13-14B, 15-16B, 17-19B
12:00 PM	Shot Put	Final	17-19B 15-16B 13-14B 11-12B 9-10B 8-UB
12:00 PM	High Jump	Final	17-19B, 15-16B, 13-14B, 11-12B, 9-10B
12:00 PM	Javelin Throw	Final	11-12G, 13-14G, 15-16G, 17-19G
2:00 PM	Discuss Throw	Final	11-12G, 13-14G, 15-16G, 17-19G

Attention All Mother, Father & Coaches Relay Teams!

Register in the Press Box by 1:00 PM Sunday, July 21, 2019



ORDER OF EVENTS

Saturday July 20, 2019 – 9:00 AM Running Events

Time	Event	Type	Division
9:00 AM	3000 Meter Run	Final	11-12G 11-12B 13-14G 13-14B 15-16G 15-16B 17-19G 17-19B
***	100 Meter Dash Top 8 to Sun Finals	Semi-Final	8-UG 8-UB 9-10G 9-10B 11-12G 11-12B 13-14G 13-14B 15-16G 15-16B 17-19G 17-19B
***	80 Meter Hurdles Top 8 to Sunday Finals	Semi-Final	11-12G, 11-12B
***	100 Meter Hurdles Top 8 to Sun Finals	Semi-Final	13-14G, 13-14B, 15-16G, 17-19G
***	110 Meter Hurdles Top 8 to Sun Finals	Semi-Final	15-16B, 17-19B
***	400 Meter Dash	Semi-Final	All Divisions
***	2000 Meter Steeplechase	Final	15-16G 15-16B 17-19G 17-19B
***	400 Meter Relay	Final	All Divisions

Saturday July 20, 2019 – Field Events

9:00 AM	Long Jump	Final	9-10G, 11-12 G, 13-14G, 15-16G, 17-19G
9:00 AM	Shot Put	Final	17-19G, 15-16G, 13-14G, 11-12G, 9-10G, 8-UG
9:00 AM	High Jump	Final	9-10G, 11-12 G, 13-14G, 15-16G, 17-19G
9:00 AM	Javelin Throw	Final	11-12B, 13-14B, 15-16B, 17-19B
12:00 PM	Discuss Throw	Final	11-12B, 13-14B, 15-16B, 17-19B



FINALS - ORDER OF EVENTS

Sunday July 21, 2019 – 9:00 AM Running Events

Time	Event	Type	Division
9:00 AM	800 Meter Run	Final	8-UG 8-UB 9-10G 9-10B 11-12G 11-12B 13-14G 13-14B 15-16G 15-16B 17-19G 17-19B
~ 10:30 AM – OPENING CEREMONIES ~			
11:00 AM	80 Meter Hurdles <i>Adv from Saturday trials</i>	Final	11-12G, 11-12B
11:20 AM	100 Meter Hurdles <i>Adv from Saturday trials</i>	Final	13-14G, 13-14B, 15-16G, 17-19G
12:00 PM	110 Meter Hurdles <i>Adv from Saturday trials</i>	Final	15-16B, 17-19B
12:20 PM	100 Meter Dash <i>Adv from Saturday trials</i>	Final	All Divisions
12:50 PM	400 Meter Dash <i>Adv from Saturday trials</i>	Final	All Divisions
1:20 PM	1500 Meter Race Walk	Final	9-10G 9-10B 11-12G 11-12B
1:35 PM	3000 Meter Race Walk	Final	13-14G 13-14B 15-16G 15-16B 17-19G 17-19B
2:00 PM	200 Meter Dash <i>Adv from Saturday trials</i>	Final	All Divisions
2:30 PM	1600 Meter Relay	Final	All Divisions
OUTSTANDING ATHLETE AND TEAM AWARD PRESENTATIONS			
3:30 PM	SPECIAL 400 Meter Relay	Final	Mothers, Fathers, Mixed and Coaches Relays!
Sunday July 21, 2019 – Field Events			
9:00 AM	Triple Jump	Final	13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
9:00 AM	Hammer Throw	Final	15-16G, 15-16B, 17-19G, 17-19B
10:00 AM	Pole Vault	Final	13-14G, 13-14B, 15-16G, 15-16B, 17-19G, 17-19B
9:00 AM	Turbo Javelin Throw	Final	8-UG 8-UB 9-10G 9-10B
1:00 PM	Long Jump	Final	8-UG 8-UB