



GENERAL MEET INFORMATION:

The information below includes General Information about the **2019 UAGTCA Outdoor Meet Series**. It is important to also refer to the UAGTCA website for more in depth and additional information:

<http://www.uagtca.org/>

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Athletes must be registered through **CoachO** www.CoachO.com in order to participate in any of the UAGTCA meets.

MEET START TIME AND ORDER of EVENTS:

Meet Start Time, Order of Events and other logistics are detailed at the end of this document.

MEET DEADLINES:

- **Birth Verification Deadline**
 - All athletes who have never competed in any UAGTCA meet must submit proof of birth documentation the UAGTCA Age Verifier at: ageverify@uagtca.org
 - **Documents must be submitted no later than 9:00 PM EST the Wednesday preceding each meet. NOTE: Birth Verification documents MUST BE submitted PRIOR to entering events.**
- **Entry Deadline**
 - Entries must be entered **no later than 11:59 PM EST on the Wednesday preceding each meet.**
 - All actual meet entries must be made via **CoachO**. Paper or e-mailed entries will not be accepted.
- **Entry Fees Deadline**
 - **\$8.00 Per Individual Event**
 - **\$28.00 Per Relay Event**
 - Entry fees must be paid **no later than 11:59 pm EST on the Wednesday preceding each meet.** All payments must be made via **CoachO**. Checks or onsite payments for entry fees will not be accepted. Entries that do not meet the above noted deadlines will be removed from the meet.

- Changes to entries AFTER the meet closes will **NOT** be accepted. There are no fee refunds or transfers permitted unless a meet or event is officially cancelled by the UAGTCA, in which case, based on the circumstances, a refund or credit will be issued by CoachO.
- Only entries confirmed and paid for by the above-noted deadlines will be processed. All unconfirmed or unpaid entries may be removed from the meet without notification. There will be no exceptions to this rule.

REGISTRATION & BIRTH VERIFICATION REQUIREMENTS:

The UAGTCA accepts copies of Passports, Birth Certificates, School Records and other official documents that clearly show the athlete’s date of birth. The UAGTCA Birth Verifier will make the final determination as to the appropriateness of the document provided.

A comprehensive list of age verified athletes, by team, will be provided upon request.

Birth verification documents provided/received after the deadline will be processed for the future meets.

AGE DIVISION: Proper Age Group / Division for Entries is **STRICTLY ADHERED TO**.

Age Determination is as of **December 31, 2019**

BIRTH YEAR	DIVISION ATHLETE MUST BE ENTERED IN
2011 - 2014	8 & Under
2010 - 2009	9 & 10
2008 - 2007	11 & 12
2006 - 2005	13 & 14
2004 - 2003	15 & 16
2002 or Earlier	OPEN

COMPETITION RULES: (2019 USATF Sanctioned Event)

These meets are governed by the current USATF Rules of Competition except in very limited circumstances where the UAGTCA Rules state differently.

MEET RESULTS:

Generally, Meet Results will be available on the UAGTCA website at <http://www.uagtca.org/> no later than by the Tuesday following each meet. In most cases, however, every attempt will be made to make results available earlier. You are also able to view Real-Time Results during each meet by following clicking on the Live Results link on the UAGTCA website **or** follow your Team and/or Athlete’s Live Performance from your mobile phone at <http://live.pioneertiming.com>

Any errors in the results must be reported within one week of their being posted on the UAGTCA website. Any error not reported within this time frame will be corrected but may not be included for

championship seeding purposes. The final responsibility to report all errors belongs with the Coach/Athlete.

UNATTACHED ATHLETES:

If you are not with a club (i.e. Unattached), you must also enter the UAGTCA meet at www.Coacho.com and all rules and entry deadlines apply.

RACE BIBS:

A **\$1.00 fee** will be assessed for the Race Bib number provided to each athlete. This one-time fee will be invoiced **separately** from the entry fee and must be paid, in cash, at the registration table on the day of the meet. Team/Unattached information packets will NOT be provided to coaches/parents until the Race Bib fee is paid.

Race bibs and Replacement numbers are the only cash transactions that will be handled at the meet.

If requested (in-writing or via e-mail at uagtca@uagtca.org) beforehand the upcoming meet, the \$1.00 bib fee can be paid in advance of the day of the meet.

Athletes must save their bib number for reuse after each meet during the outdoor meet series. Only UAGTCA assigned bib numbers may be used. If your bib number is lost or damaged it must be replaced by the UAGTCA. **Lost or damaged competitor bib numbers will be reissued at a cost of \$2.00 per number.**

EVENT LIMITATIONS:

An athlete may enter a **MAXIMUM of 4 events, 2 of which must be a field or relay event.** (Example: A combination of 2 field events -OR- Combination of 2 relays -OR- Combination of 1 field event & 1 relay). Event limitations for these meets will be strictly enforced. Violation of this rule the first time will result in the suspension of that athlete for one meet. Violation of the rule a second time by the same club or athlete will result in the suspension of the club for the series.

TIMING:

The UAGTCA utilizes Finish Lynx timing provided by **Pioneer Timing, LLC** for all our meets. All times are fully automatic (FAT). Individual times are only available online after the official results are posted. No individual times are provided at the meets. Results are, however, uploaded to the web as each event is completed.

DISPUTES & PROTESTS:

Protests relating to matters that developed during the conduct of the competition must be made to the Protest Referee at once and not later than 30 minutes after a result has been announced. This time period will be strictly enforced. There will be a \$50 cash submission fee required to file a protest. This fee will be refunded only if the protest is upheld. Only violations of the 2019 USATF Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested. Protests that do not meet the above criteria will not be accepted.

FIELD IMPLEMENTS:

	8-UG	8-UB	9-10G	9-10B	11-12G	11-12B	13-14G	13-14B	15-16G	15-16B	OW	OM
Shot Put	2kg	2kg	6lb	6lb	6lb	6lb	6.b	4kg	4Kg	12lb	4kg	12lb
Discus					1kg	1kg	1kg	1kg	1kg	1.6kg	1kg	1.6kg
Javelin	300g	300g	300g	300g	450g	450g	600g	600g	600g	800g	600g	800g

FIELD EVENTS ADJUSTMENTS:

There will be 3 attempts permitted in the Long Jump, Triple Jump, Shot Put, Discus, and Javelin Throw (including Turbo Javelin and Aero Javelin).

In the Long Jump and Triple Jump, there will be only one additional board added per division.

EVENT AGE RESTRICTIONS:

Athletes must be at least 7 years of age, on the day of the meet, in order to participate in the 800 Meter Run or 1500 Meter Run. Athletes must be at least 5 years of age by 12/31/2019 in order to participate in all other events. An Athlete May **NOT** Compete Outside of their Age Division or Gender

AWARDS:

Preliminary Meets - Ribbons 1st - 6th Place

Awards for each meet are distributed at the meet.

Points are earned for each event on a 10-8-6-4-2-1 point basis for 1st - 6th place finishes respectively. Relay points are awarded to the top 3 teams on a 12-8-4 point basis and are split equally among the 4 team members. In addition, 10 bonus points are awarded for any performance that breaks (not ties) the current UAGTCA Meet Record for that event. If multiple athletes break the current record then each is awarded bonus points. If no current record exists then no bonus points are awarded regardless of the performance.

CLERKING AREA:

Only participating athletes are permitted in the clerking area. Absolutely No Coaches, Parents or Spectators will be permitted in this area. A Coach or parent is permitted to escort athletes in the 8&U Division to the clerking area. They are not, however, permitted to go in. Violation of this rule will result in the immediate disqualification of the Coach and athlete from the meet. There will be no warnings given. All individual points for that entire meet will be forfeited. Coaches who are disqualified from 2 meets will not be permitted to enter athletes into any other UAGTCA sponsored competition.

ATHLETES WITH SPECIAL NEEDS:

The UAGTCA will take exceptional care to address the needs of athletes requiring special care during our competitions. We ask that that the coach or individual accompanying the athlete to the clerking area advise the clerk that the athlete has a Special Need. Please identify the athlete and the Need and do not assume that the clerk is automatically aware of the 'NEED'. While every reasonable effort will be made to accommodate the athlete, it is the sole responsibility of the coach to see to it that we are made aware of the situation.

SEED MARKS:

Seed Marks are how we assign athletes to heats in all events. If you submit an entry and do not enter a seed mark then your athlete will be listed as having No Time (NT), No Distance (ND) or No Height (NH) for the event and will be placed in an unseeded heat or section regardless of past known performances or reputation. Marks must be submitted in the proper metric or English format and be within the acceptable range for the event entered.

USE OF RELAY ALTERNATES:

Relays contested during the **UAGTCA Outdoor Meet #2 and Meet #4** (*where the Relay is the first event of the day*), Coaches must declare relay alternates by 7:30 AM during the Coaches meeting and must already be entered in the meet for that day and be associated with the team requesting the change.

Relay alternates for **UAGTCA Outdoor Meet #1 and Meet #3** (*where the Relay is the last events of the day*), must be declared by 10:00 AM on the day of the meet and must already be entered in the meet for that day and be associated with the team requesting the change. No Change of Team affiliation is permitted. Alternates are permitted to scratch from an individual event in order to be eligible to participate on a relay. Requests for alternates must be presented at the registration desk and a permission slip must be secured at the time.

Alternates to relays are the only athletes who are permitted to compete in the **UAGTCA Championship** meet without having competed previously. However, all other participation criteria must be met. These athletes will only be permitted to participate on a relay if the team has previously qualified for that relay in one of the 4 preliminary meets. **An athlete cannot have switched affiliation from another club or have competed Unattached after UAGTCA Outdoor Development Meet #2.**

ATHLETE AND SPECTATOR CONDUCT:

Each team participating in the UAGTCA series is responsible for the conduct and control of the athletes and all spectators associated with the team. We work hard to maintain a good relationship with our neighbors. A few unfortunate incidents have forced the UAGTCA to adopt a zero-tolerance policy for acts of violence or vandalism. Athletes involved in any incident will be asked to leave the venue and on any repeated incident the team will be disqualified and not be allowed to participate in future UAGTCA sponsored events.

SMOKING, DRINKING AND ILLICIT DRUG USE POLICY:

The UAGTCA maintains a strict NO SMOKING, DRINKING or ILLICIT DRUG USE policy during any of our competitions. The stadium area is a Smoke, Alcohol and Drug Free zone. Any Club or individual smoking, drinking or using illicit drugs will be asked to vacate the premises immediately. You are reminded that in all cases the stadiums that we use are associated with schools that are, by law, drug free zones and specific civil penalties will also apply.

PARKING CONSIDERATIONS:

There is ample parking available at Charles Martin Memorial Stadium (or Benjamin Johnston Memorial Stadium for Meet #3), which is used most often. The lots are available for use by teams and spectators

on a first come first served basis. There is no Reserved parking or tailgating permitted. You are asked to use these parking lots whenever possible and not park on the street so as not to inconvenience the people who live and work in the area. Cars parked illegally will be removed at the owner's expense.

FOOD CONCESSIONS:

Food concessions are available all UAGTCA Outdoor track and field meets.

PRIVATE VENDING:

Private Vending within the confines of the stadium may only be done with the knowledge and consent and Vendor Fee Payment made to the UAGTCA. The sale of outside food, candy, or items of any kind without permission is strictly prohibited. The sale of other non-food items without the knowledge and consent of the UAGTCA is also prohibited. Vendors seeking permission to sell at any UAGTCA meet must secure permission in advance of the competition by contacting the Meet Administrator (uagtca@uagtca.org) before the competition begins. Attempts to by-pass this restriction will result in disqualification from the competition and notification of the authorities where warranted.

RESTROOMS:

Public Restrooms will be available during the competitions; however, NO CHANGING FACILITIES OR SHOWERS ARE AVAILABLE AT ANY OF THE VENUES. Remember that these are public facilities that belong to the School District of Philadelphia. The UAGTCA utilizes attendants to help maintain restrooms as best we can during the meets. Please come dressed to compete and we ask your help, when necessary report any restroom facility that needs attention to our registration desk.

SCHEDULE OF EVENTS:

There is No Fixed Time Schedule for these meets and the order of events will not change without at least 24 hours notice. Events do run off quickly, however, so please plan accordingly. There is no refund for missed events. Every attempt will be made to make event calls over the stadium Public Address system where available. However, the ultimate responsibility to be near the clerking area when an event is being clerked remains with the athlete. If an event is cancelled a credit will be issued for future event fees or at the discretion of the UAGTCA a refund may be given.

~~~~ **ORDER OF EVENTS: Continue to Scroll Down** ~~~~

**ORDER OF EVENTS:**

| <b>Order of Events for the 2019 UAGTCA Outdoor Meet #1 – 5/4/2019 – 8:00 AM</b>                                      |       |                                                                |               |
|----------------------------------------------------------------------------------------------------------------------|-------|----------------------------------------------------------------|---------------|
| Entry Deadline 5/1/2019 at 11:59 PM – Entries made via CoachO ( <a href="http://www.Coacho.com">www.Coacho.com</a> ) |       |                                                                |               |
| Coaches Meeting: 7:30 AM on Meet Day                                                                                 |       |                                                                |               |
| <b>Charles Martin Memorial Stadium (Northeast HS) - Philadelphia, PA</b>                                             |       |                                                                |               |
| <b>Running Events</b>                                                                                                |       |                                                                |               |
| 3000M Run                                                                                                            | Final | 11-12; 13-14; 15-16; OPEN                                      | Female & Male |
| 80 – 100 – 110M Hurdles                                                                                              | Final | 11-12; 13-14; 15-16; OPEN                                      | Female & Male |
| 200M Dash                                                                                                            | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN                           | Female & Male |
| 800M Run                                                                                                             | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN (must be 7 Years & Older) | Female & Male |
| 4x100M Relay                                                                                                         | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN                           | Female & Male |
| <b>Field Events</b>                                                                                                  |       |                                                                |               |
| Long Jump                                                                                                            | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN                           | Female & Male |
| Discuss Throw                                                                                                        | Final | 11-12; 13-14; 15-16; OPEN                                      | Female & Male |
| Shot Put                                                                                                             | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN                           | Female & Male |

~~~~ Meet #2: Continue to Scroll Down ~~~~

| Order of Events for the 2019 UAGTCA Outdoor Meet #2 – 5/11/2019 – 8:00 AM | | | |
|--|-------|--|---------------|
| Entry Deadline 5/8/2019 at 11:59 PM – Entries made via CoachO (www.Coacho.com) | | | |
| Coaches Meeting: 7:30 AM on Meet Day | | | |
| Charles Martin Memorial Stadium (Northeast HS) - Philadelphia, PA | | | |
| Running Events | | | |
| 4x100M Relay | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| 1500M Run | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN (must be 7 Years & Older) | Female & Male |
| 200 – 400M Hurdles | Final | 13-14; 15-16; 17-19 | Female & Male |
| 100M Dash | Trial | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| 400M Dash | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| 100M Dash | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| 4x800M Relay | Final | 11-12; 13-14; 15-16; OPEN | Female & Male |
| Field Events | | | |
| Long Jump | Final | 8&U; 9-10; 11-12 | Female & Male |
| Triple Jump | Final | 13-14; 15-16; OPEN | Female & Male |
| High Jump | Final | 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| Mini (Turbo) Javelin | Final | 8&U; 9-10 | Female & Male |
| Aero Javelin | Final | 11-12 | |
| Javelin Throw | Final | 13-14; 15-16; OPEN | |

~~~~ Meet #3: Continue to Scroll Down ~~~~

### Order of Events for the 2019 UAGTCA Outdoor Meet #3 – 5/18/2019 – 8:00 AM

Entry Deadline 5/15/2019 at 11:59 PM - Entries made via CoachO ([www.Coacho.com](http://www.Coacho.com))

Coaches Meeting: 7:30 AM on Meet Day

**Benjamin Johnston Memorial Stadium (Germantown Supersite) - Philadelphia, PA**

| Running Events          |       |                                                                |               |
|-------------------------|-------|----------------------------------------------------------------|---------------|
| 3000M Run               | Final | 11-12; 13-14; 15-16; OPEN                                      | Female & Male |
| 80 – 100 – 110M Hurdles | Final | 11-12; 13-14; 15-16; OPEN                                      | Female & Male |
| 200M Dash               | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN                           | Female & Male |
| 800M Run                | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN (must be 7 Years & Older) | Female & Male |
| 4x400M Relay            | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN                           | Female & Male |
| Field Events            |       |                                                                |               |
| Long Jump               | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN                           | Female & Male |
| Javelin Throw           | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN                           | Female & Male |
| Shot Put                | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN                           | Female & Male |

~~~~~ Meet #4: Continue to Scroll Down ~~~~~

Order of Events for the 2019 UAGTCA Outdoor Meet #4 – 5/25/2019 – 8:00 AM

Entry Deadline 5/22/2019 at 11:59 PM – Entries made via CoachO (www.Coacho.com)

Coaches Meeting: 7:30 AM on Meet Day

Charles Martin Memorial Stadium (Northeast HS) - Philadelphia, PA

| Running Events | | | |
|--------------------|-------|--|---------------|
| 4x100M Relay | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| 1500M Run | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN (must be 7 Years & Older) | Female & Male |
| 200 – 400M Hurdles | Final | 13-14; 15-16; 17-19 | Female & Male |
| 100M Dash | Trial | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| 400M Dash | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| 100M Dash | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| 4x400M Relay | Final | 8&U; 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| Field Events | | | |
| Long Jump | Final | 8&U; 9-10; 11-12 | Female & Male |
| Triple Jump | Final | 13-14; 15-16; OPEN | Female & Male |
| High Jump | Final | 9-10; 11-12; 13-14; 15-16; OPEN | Female & Male |
| Discuss Throw | Final | 11-12; 13-14; 15-16; OPEN | Female & Male |